



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RECREATIONAL SWIM HOURS

Northeast Family YMCA

Monday

11:45-2:00

3:45-6:00

6:15-7:45

No slide

Tuesday

10:15-11:30

12:30-1:15

3:45-5:15

6:15-7:45

No slide

Wednesday

11:45-2:00

3:45-6:00

6:15-7:45

No slide

Thursday

10:15-11:30

12:30-1:15

3:45-4:45

6:45-7:45

No slide

Friday

11:45-2:00

3:45-6:00

6:15-7:45

Slide

5:15-7:45

Saturday

10:15-11:45

12:00-3:00

3:15-5:30

Slide 1:30-4:00

Sunday

11:00-2:00

2:15-4:30

Slide 12:30-3:30

AGE POLICY: Children under the age of 10 who cannot pass the swim test **MUST** be accompanied in the water by an adult.

FLOTATION DEVICES: Only coast-guard approved flotation devices are allowed.

CAPACITY LIMITS: We are limited to 25 swimmers per available lifeguard.

SAFETY BREAKS: Everyone must clear the pool during posted safety break times.