



# STAY SAFE TOGETHER

## »»» KIDS' TIME ««« BEFORE & AFTER SCHOOL



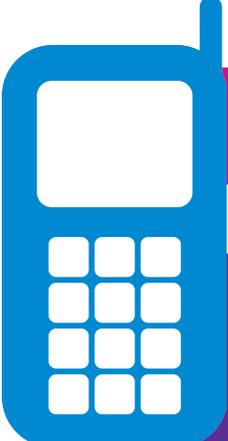
**COVID-19 CHILD CARE GUIDE  
YMCA of Rock River Valley**

[rockriverymca.org](http://rockriverymca.org)

# KIDS' TIME INFORMATION

**Website:** [rockriverymca.org](http://rockriverymca.org)  
**Instagram:** @ymcakidstime

**Facebook:** [facebook.com/theyinrockford](https://facebook.com/theyinrockford)  
**Email:** [kt@rockriverymca.org](mailto:kt@rockriverymca.org)



## BRANCH & SITE PHONE NUMBERS

### Kids' Time at Rockford Public Schools

200 Y Blvd.  
Rockford, IL 61107  
815-489-1252

**Bloom:** (779)-970-8663

**Brookview:** (779)-970-8120

**Froberg:** (779)-970-4902

**Johnson:** (779)-970-8039

**Maria Montessori:** (779)-970-8660

**\*Rolling Green:** (779)-970-8065

**Spring Creek:** (779)-970-8662

**\*Thurgood Marshall:** (815)-315-7672

**Whitehead:** (779)-970-7274

\*Only operable during before school hours

### Kids' Time at Harlem & Winnebago Schools

8451 Orth Rd.  
Loves Park, IL 61111  
815-885-6852

**Loves Park:** (779)-970-6351

**Machesney :** (779)-970-4731

**Olson Park:** (779)-970-8192

**Parker Center:** (779)-970-8666

**Ralston:** (779)-970-8115

**Rock Cut:** (815)-312-6145

**Windsor:** (779)-970-8204

**McNair:** (779)-970-8661

**Simon:** (779)-970-8202

**\*\*Please note: Site phones are only operable during program hours.**

# PREVENTION PROTOCOLS

The YMCA of Rock River Valley has adopted a variety of strategies from CDC guidelines and local health departments to help create a healthy environment for students and staff.

## SCREENING & TEMPERATURE CHECKS

Upon arrival to program each day, staff and students will:

- Be screened through a health questionnaire
- Have their temperature taken and recorded prior to joining groups



Students will not be allowed to stay for program if:

- They answer "Yes" to any of the health screening questions
- Record a temperature of 100.4 or higher

Students may not return to program until they are symptom or fever-free, without the aid of fever reducing medications, for 72 hours.

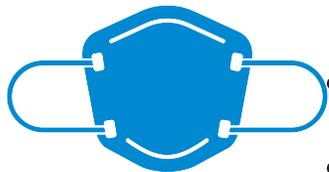
### Screening Questions

- Have you or anyone in your household traveled outside of the country in the last 14 days?
- Have you been in contact with someone under investigation for, or with a confirmed case of coronavirus?
- Have you or a family member been instructed to self-quarantine?
- Are you experiencing any of these symptoms now or in the last 48 hours:
  - Diarrhea
  - Abdominal pain
  - Fever over 100
  - Rash
  - Shortness of breath
  - Vomiting
  - Difficulty breathing
  - Body Aches
  - Fatigue
  - Cough
  - Nasal congestion
  - Runny nose
  - Rapid heartbeat
  - Headache

**\*\*Parents should keep children home who are experiencing any signs or symptoms of illness.**

# MASKS & FACE COVERINGS

Staff and students will need to bring a mask to site each day.



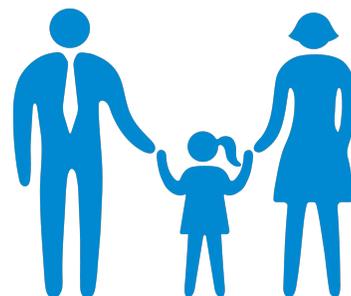
- Staff will wear masks at all times
- Students will not be required to wear masks during outdoor activities where there is adequate space for physical distancing.
- Students will be required to wear their mask during indoor or other activities where physically distancing is difficult.
- Masks should be worn during drop-off and pick-up.
- Reusable masks should be cleaned and disinfected daily.
- Students who are medically unable to wear a mask must provide documentation from the individual's physician. Face shields may be permitted while maintaining physical distancing.
- Students with IEPs or 504 plans will not be denied access to program based on the inability to wear a mask.

## MODIFIED PICK-UP/DROP-OFF

To limit the number of individuals coming in the school buildings, we are asking parents to wait at the doors for pick-up and drop-off.

During Drop-off:

- Parents and students are to come to the designated parent entrance
- Staff will take and record child's temperature
- Staff will complete screening questionnaire
- Child will then be sent to wash hands and then join group



During Pick-up:

- Parents are to come to the designated parent entrance
- IDs should be presented through closed window
- Staff will take and record child's temperature
- Please note: Parents may call their site phone in advance, allowing time for staff to help their child gather belongings

Anyone picking up a child must be listed on that child's health profile as authorized to pick-up. PHOTO ID REQUIRED. Please be prepared to present your ID to staff when picking up students.

# HAND WASHING

Hand washing is one of the best ways to keep our program safe. We can help prevent the spread of illness by routine hand washing with soap and water for at least 20 seconds. Hand sanitizer will be readily available in rare areas where soap and water are not available.

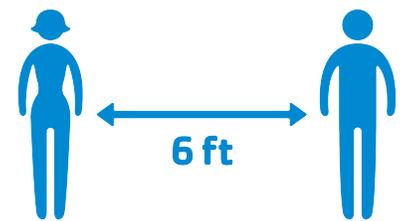
Staff will lead by example with hand washing:

- Upon arrival to site
- After using the restroom
- Before eating
- After blowing nose, sneezing, or coughing
- After using such items as sports equipment, craft supplies, etc.
- Any times hands are excessively dirty



# SOCIAL DISTANCING

- All efforts will be made to keep groups static day-to-day, and even week-to-week when feasible (i.e., same children in same group each day or week).
- Reduced ratios of only 10-15 children per group
- Staff will remind students to remain at least 6 feet apart during activities
- Activities planned will not require close physical contact between multiple children
- Majority of activities will be planned for outdoors, exceptions only made for severe weather
- Staff will model proper social distancing protocols



# POSITIVE COVID-19 TESTS

In the event a staff, student, or a person of close contact, tests positive for coronavirus, the YMCA of Rock River Valley will work with the Winnebago County Health Department and school districts to determine the best course of action.



- YMCA leadership staff will work closely with the WCHD and individual schools to provide contact tracing when/if needed
- Exposed individuals will not be told the name of individuals who tested positive for COVID-19
- Exposed individuals will be informed of the need to self-isolate or quarantine
- The YMCA of Rock River Valley will work closely with the WCHD to determine re-entry policies for staff and students required to self-isolate or quarantine

# ADDITIONAL SAFETY PROCEDURES



- All efforts will be made to disinfect and sanitize all program areas and supplies before and after usage
- Students personal items will be stored in backpack bins or separated areas to avoid cross contamination
- Small items or supplies that are harder to clean may not be used at this time
- Additional guidelines may be implemented throughout the course of the year per CDC and local health officials guidance
- For additional resources, please visit [cdc.org](https://www.cdc.org)