



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RECREATIONAL SWIM HOURS

Northeast Family YMCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11:00-7:45	10:15-11:45 12:30-1:15 2:00-7:45	12:15-7:45	10:15-11:45 12:30-1:30 2:00-5:15 6:00-7:45	11:45-7:45	10:15-5:30 Safety Breaks 11:45-12:00 3:00-3:15
Safety Breaks 2:45-3:00	Safety Breaks 10:45-11:00 2:45-3:00	Safety Breaks 2:45-3:00	Safety Breaks 10:45-11:00 2:45-3:00	Safety Breaks 2:45-3:00	Sunday 11:00-4:30 Safety Breaks 2:00-2:15

AGE POLICY: Kids under age 10 who cannot pass the swim test **MUST** have an adult with them in the water.

FLOTATION DEVICES: Only coast-guard approved flotation devices are allowed.

CAPACITY LIMITS: We are limited to 25 swimmers per available lifeguard.

SAFETY BREAKS: Additional safety breaks exist. Times listed here only impact recreational swim.

SLIDE HOURS: Fridays 5-7PM, Saturdays 1-4PM, Sundays 12-3PM.