



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RECREATIONAL SWIM HOURS

Northeast Family YMCA

Monday

11:00-7:45

Safety Breaks

2:45-3:00

Tuesday

10:15-12:30

1:15-2:45

3:00-7:45

Safety Breaks

10:45-11:00

2:45-3:00

Wednesday

12:15-7:45

Safety Breaks

2:45-3:00

Thursday

10:15-12:30

1:15-2:45

3:00-5:15

6:00-7:45

Safety Breaks

10:45-11:00

2:45-3:00

Friday

11:45-7:45

Safety Breaks

2:45-3:00

Saturday

10:15-5:30

Safety Break

11:45-12:00

3:00-3:15

Sunday

11:00-4:30

Safety Break

2:00-2:15

AGE POLICY: Children under the age of 10 who cannot pass the swim test **MUST** be accompanied in the water by an adult.

FLOTATION DEVICES: Only coast-guard approved flotation devices are allowed.

CAPACITY LIMITS: We are limited to 25 swimmers per available lifeguard.

SAFETY BREAKS: Everyone must clear the pool during safety breaks. Additional breaks impact non-rec swim hours.

SLIDE HOURS: Fridays 5-7PM, Saturdays 1-4PM, and Sundays 12-3PM